

CLP Power Workshop 2010  
**“Prepare for your first job/college interview”**  
Co-organized by **CLP Power,**  
**Hong Kong General Chamber of Commerce**  
and **Queen Elizabeth School**



# Photos

On 8<sup>th</sup> February, we were truly delighted to have top personnels from CLP Power sharing their experiences in interview preparation.



Everyone was totally absorbed in the sharing session.



# The 3 Steps in preparation

The trainers introduced us to 3 essential steps for interview preparation:

## 1. Mental Preparation

An interview is not only about an employer challenging a job-seeker; it is a platform where both sides mutually learn about one another.

On one hand, the employer discovers what the candidate has to offer. On the other hand, it is an opportunity for the interviewee to understand the company better, thus knowing whether the job really suits them.



# The 3 Steps in preparation

## 2. Practice makes perfect

The more you practice, the better your performance. Be prepared for possible questions that you may be questioned, but instead of reciting the answers, it is better to be yourself.

Another useful tip is to prepare a closing question for the interview. Asking a sensible one will greatly impress the interviewer.



## 3. Physical Preparation

Dress properly. Be polite and confident. A person's appearance has a great influence on his/her first impression to others.

# Reflections

6C Chau Lai Bun

I am very pleased when I learned that I could have a training session on interview with some experienced interviewers from the CLP power. As a secondary 6 student, I am fully aware that I need to face various interviews including interviews for my further studies as well as job interviews in my foreseeable future. Therefore, acquiring skills of interviews is extremely important to me. I looked forward to the sharing of professionals from the CLP power and the skills, experience and insights they brought us

After the training, I come to realize that small change really makes big difference. Some minor gestures may affect the interviewers' impression. For instance, making a hand shake with interviewers seems to be an easy task, but making a firm handshake can show that we are full of confidence, giving a good first impression to interviewers.

What impressed me most is that I know interviews can be done in different ways. I used to think that interview was just a discussion between interviewers and interviewee. However, when I was told that interviewee of IKEA had to assemble a chair by themselves before the start of the interview, I realize the importance of equipping myself to face different challenges in the interviews.

It was a good learning activity and I would like to extend my gratitude and appreciation to the staff from CLP.

# Reflections

6C Ho Siu Ying

Meeting with experts in interviewing skills was a useful experience which I did appreciate very much. Apparently, they, the professionals from the CLP Power, were highly familiar with every detail of an interview. With the help of the informative PowerPoint and inspiring videos, I found the talk very helpful in a way that it equipped us with skills to tackle the problems we encounter in interviews.

I was very impressed when the lecturer talked about preparation. To prepare for an interview, we were told to ask ourselves two questions: What kind of staff do they want? Why am I going to have an interview? These two questions help us to locate information we need to know beforehand, say, the type of company and responsibilities of staff. I always believe that one of the keys to success is adequate preparation. For this reason, I consider this section to be the most essential one.

Moreover, after the sharing, I noticed that I had underestimated the power of a handshake. I knew that shaking hand is a display of politeness and respect and we should always make a firm and strong one. But only after the practice with my trainer did I realize how strong it should be. The remarkable impression was left by a firm hand shake, which was beyond my expectation. It was a surprising discovery as well as a fruitful experience.

I would like to take this opportunity to thank the staff from CLP for their provision of training which has benefited us in many different ways.

## Reflections

Tang Wai Yan

Though we are a long way from getting a job, it is never too early to start preparing for it. This is the reason why the honorable top executives of the CLP were invited to share their interviewing techniques. Knowing that we had such a rare and valuable experience, all of us were thrilled, looking forward to the strategies given by our guests.

In the workshop, not only were the executives nice and friendly, but they also generously shared their expertise with us. They kept encouraging us to speak in the process despite our shyness. The discussion was thorough and comprehensive as well, ranging from how to shake hands properly, how to answer the questions in an appropriate manner, and more importantly, how we can impress the judging panels by showing our confidence and enthusiasm. These inspirational and practical techniques do enhance our communicative and collaborative skills, enabling us to visualize what an interview looks like in reality. We deeply believe that the workshop is beneficial to our future, especially the admission interviews in university.

Having attended this enlightening and practical workshop, we have gained a lot in terms of English proficiency, confidence and effective communication. It has also widened our horizons, making our mind more mature. In a nutshell, we find this programme really useful and we will apply the knowledge to the forth coming interviews. We genuinely hope that this advantageous activity will be held again next year, in order that we can learn better.

## Reflection

Benjamin Lo, Nicole Kit, Gloria Chan, Jacky Yam

This workshop provided a very good opportunity for us to learn more about interviews and meeting conductors from the CLP Power. What I learnt in the workshop is that interview can actually bring two parties into a meeting and allow them to interact, to understand more about each other. What was most important thing that I could learn? We had to prepare well for our interviews and show the interviewers our interest in their company/school by showing our understanding of some background information of the company/school and asking questions about the company/school. I think this workshop was very useful.



## Reflection

Chan Komi, Tsang Cherrie, Luk Steven

We are very glad that we can have such a valuable lesson learning so many useful interviewing techniques, for example, the preparation work. The executives from the CLP Power were all nice and well-prepared. They had enlightened us on what we should and should not do during an interview, and they shared their experience with us . The programme provided a valuable experience for us to practise and helped us perform better in an interview in the future . I really want to thank to the executives from the CLP Power , because they spent their precious time to teach us. We all had a good lesson in that morning.

We really appreciate their preparation and effort.

## Reflections

Bowie Ng, Eddie Chan, Ben Ng, Esther Tse

This is a valuable experience. We had learnt a lot in the activity . The interviewers from the CLP Power Company had taught us a lot of useful techniques for interviews, such as how to give a good impression to the interviewers. For example, wearing suitable attires, putting on a polite smile and giving firm hand shakes to interviewers, etc .The trainers also enlightened us to search for the information of the career or the school before any interviews.

At the beginning, we were shy to speak in front of a group of people. However, with the support from the trainers and groupmates, we could finish the mock interview in English completely. We believe that this activity could really help a lot in the future.

We appreciate their great effort and we hope there will be similar activities in the future.

## Reflection

Tommy Yau

First of all, I think this workshop was valuable. It showed me a lot of interviewing techniques, such as having enough eye contacts with interviewer. The top executives from the CLP Power were very kind and professional. They shared many experience in their real life with us.

My groupmates were all quite talkative. Our trainer was impressed by our confidence. Also, she said that our English was not bad and we should keep it up. To sum up, I think we should not tell any lie during the interview and just let interviewers know more about the "real" us.